

## IGS 30



**PERSISTENCE** – This is the quality you need to have when you've lost your Patience and **you are sick and tired of Practice**. It is **Persistence** that keeps you going when you might feel like giving up. Ever have one of those days or moments when you feel you just can't take another step? It is this same quality that drives a young child to get up and start over when they fall down each time they try to walk.

As you Persist, you will find yourself moving further along your journey. The road will get bumpy, but your **Persistence** will keep you moving ahead. As you achieve important milestones and goals, you will find your resolve and commitment deepening. It works in a wonderful cycle as you find yourself becoming even more **Persistent**. It is this characteristic that will keep you on your path toward your goals and it is this quality that won't allow anything to get in your way of achieving what is important to you.

It is a useful exercise to evaluate your goals on a regular basis. Sometimes our **Persistence** might keep us working on a goal that is no longer of value in our life. I have found myself locked into doing something because I had it as a goal for so many years, and so I continued to persist to achieve it. I've learned that we can't allow ourselves to be held hostage by goals we've outgrown. If we develop **Persistence** as an attribute, we just need to make sure we are following the right path.

The **3 "P's"** work together in a synergistic way. You become more **Persistent** and determined because you are working on something that really matters to you. It's difficult to feel determined and persist to accomplish something you aren't passionate about.

You will find that the more **Persistent** you are, the more **Patience** you will need because we can't control life. Events often don't occur in an ideal time table that we have designed. We build our Patience muscle through continual Practice and developing the ability to accept life as it occurs.

Yet, with continual Persistence, you can guide your ship.